

# Proof of Incapacity of a Dependent | Policyholder

<b>Policyholder name</b>		<b>Policyholder ID number</b>		
<b>Policyholder SSN</b>	<b>Home phone</b>		<b>Work phone</b>	
<b>Address</b>	<b>City</b>	<b>State</b>		<b>ZIP</b>
<b>Group name</b>		<b>Group number</b>		
<b>Dependent name</b>	<b>Dependent SSN</b>	<b>Sex</b> Male      Female	<b>Date of birth</b>	<b>Relationship to policyholder</b>
<b>Primary care physician</b>		<b>Date disability began</b>		

Indicate which activities dependent perform or not perform without assistance

<b>Yes</b>	<b>No</b>	Dress self	<b>Yes</b>	<b>No</b>	Housework	<b>Yes</b>	<b>No</b>	Shop for food/necessities
<b>Yes</b>	<b>No</b>	Bathe	<b>Yes</b>	<b>No</b>	Manage medications	<b>Yes</b>	<b>No</b>	Be employed
<b>Yes</b>	<b>No</b>	Walk	<b>Yes</b>	<b>No</b>	Manage finances	<b>Yes</b>	<b>No</b>	Drive
<b>Yes</b>	<b>No</b>	Cook meals						

**Is dependent covered by any other health insurance, including Medicare or Medicaid?**

Yes      No

If yes, give policy numbers, effective date, name and address of other insurance company and name in which policy is held:

I certify that the above information is true and correct and that the dependent listed above is incapable of self care/self support, by reason of intellectual and developmental disability or physical disability.

<b>Policyholder signature</b>	<b>Date</b>
<b>Group Administrator Signature (if new member)</b>	<b>Date</b>

**Please return this signed form to:**

ATTN: Corporate Medical Director Division  
P.O. Box 2181  
Little Rock, AR 72203-9974

**Fax: 501-399-3967**

**Email: [CMDIncapacitatedDepReq@arkbluecross.com](mailto:CMDIncapacitatedDepReq@arkbluecross.com)**